

# ST. JOHN THE BAPTIST DIOCESAN HIGH SCHOOL ATHLETIC DEPARTMENT

## 2024 GIRLS' FALL TRYOUTS

**\*\*Please Note: rain or shine for ALL tryouts/practices!!\*\***

**\*\*You must attend ALL tryout dates\*\***

**Dates/times subject to change after first day**

**Coach will inform athletes during tryouts regarding any changes**

**Tryouts/Practice will continue until school starts**

**In order to tryout you must have already signed up on FinalForms and be cleared by the Nurse**

### **GIRLS:**

- **CHEERLEADING**

Monday, August 19, 2024 through Thursday, August 22, 2024	4:30pm–6:30pm
Saturday, August 24, 2024	ALL Day Camp – 9am-4pm
Sunday, August 25, 2024	ALL Day Camp - 9am-4pm
Monday, August 26, 2024 through Wednesday, August 28, 2024	5pm-7pm

- **CREW (CO-ED)**

Monday, September 9, 2024 through Wednesday, September 11, 2024	3:00pm–5:00pm at SJB Cafe
Monday, September 12, 2024*	*TBA
*MANDATORY Swim Test for NEW rowers at the Bay Shore YMCA	
Friday, September 13, 2024	TBA

- **CROSS COUNTRY**

Monday, August 19, 2024 through Friday, August 23, 2024	8am-10am at SJB
Monday, August 26, 2024 through Thursday, August 29, 2024	5:00pm-6:30pm at TBD
Tuesday, September 3, 2024 through Thursday, September 5, 2024	5:30pm-6:30pm at SJB

- **KICKLINE**

Tuesday, August 27, 2024 through Thursday, August 29, 2024	12pm–2pm
1 <sup>st</sup> practice – Friday, August 30, 2024	10am-2pm

- **SAILING (CO-ED)**

**Returning sailors:**

Wednesday, September 4, 2024	2:30pm–6pm	Drop off at SJB - Pick-up at Babylon Yacht Club
Thursday, September 5, 2024	2:30pm–6pm	Drop off at SJB - Pick-up at Babylon Yacht Club
Friday, September 6, 2024	2:30pm–6pm	Drop off at SJB - Pick-up at Babylon Yacht Club

**New Sailors:**

Saturday, September 7, 2024	10am–1pm	Drop off and pick up at Babylon Yacht Club
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- **SOCCER**

Monday, August 19, 2024 through Friday, August 23, 2024	5:30pm–8pm
Monday, August 26, 2024 through Friday, August 30, 2024	5:30pm–8pm

- **SWIMMING**

Monday, August 26, 2024 through Wednesday, August 28, 2024	12:30pm–2pm at St. Joseph's College
*You must provide transportation to/from St. Joseph's College	
Practice begins September 4, 2024 & September 5, 2024	4:30pm-6:15pm

- **TENNIS**

Monday, August 19, 2024 through Friday, August 23, 2024	9am–12pm
*After teams are picked teams will practice through the beginning of school. Practice times subject to change. Coaches will inform athletes of practice schedule.	

- **VOLLEYBALL**

Monday, August 19, 2024 – Wednesday, August 21, 2024	8am–11am
Thursday, August 22, 2024 – Friday, August 23, 2024	8am–10am
Practice begins on Monday, August 26, 2024 through Wednesday, August 28, 2024	8am–10am
Scoring Clinic – Thursday, August 29, 2024	8am-11am
Beach Practice – Friday, August 30, 2024	9am-1pm

**Students trying out for any sport must attend ALL dates**



# ST. JOHN THE BAPTIST DIOCESAN HIGH SCHOOL ATHLETIC DEPARTMENT

## 2024 BOYS' FALL TRYOUTS

**\*\*Please Note: rain or shine for ALL tryouts/practices!!\*\***

**\*\*You must attend ALL tryout dates\*\***

**Dates/times subject to change after first day**

Coach will inform athletes during tryouts regarding any changes

Tryouts/Practice will continue until school starts

In order to tryout you must have already signed up on FinalForms and be cleared by the Nurse

### BOYS:

- **CREW (CO-ED)**

Monday, September 9, 2024 through Wednesday, September 11, 2024

3:00pm–5:00pm at SJB Cafe

Monday, September 12, 2024\*

\*TBA

\*MANDATORY Swim Test for NEW rowers at the Bay Shore YMCA

Friday, September 13, 2024

TBA

- **CROSS COUNTRY**

Monday, August 19, 2024 through Friday, August 23, 2024

8am–10am at SJB

Monday, August 26, 2024 through Thursday, August 29, 2024

5:00pm–6:30pm at TBD

Tuesday, September 3, 2024 through Thursday, September 5, 2024

5:30pm–6:30pm at SJB

- **FOOTBALL**

Thursday, August 15, 2024

**Varsity** – 5:30pm registration/equipment hand out

Friday, August 16, 2024

**JV/Freshman** – 6:30pm registration/equipment h/o

7:30am–10:am on turf

Saturday, August 17, 2024

10:00am–12:30pm in classroom/weight room

8:00am–11:00am on turf

Monday, August 19, 2024 through Friday, August 23, 2024

7:30am–10am on turf

10am–12:30pm in classroom/weight room

Saturday, August 24, 2024

8:00am–11:00am on turf

Practice begins Monday, August 26, 2024 through Friday,

3pm–5pm

August 30, 2024

Opening Game, Saturday, August 31, 2024

9am JV

1pm Varsity

- **SAILING (CO-ED)**

**Returning sailors:**

Wednesday, September 4, 2024

2:30pm–6pm Drop off at SJB - Pick-up at Babylon Yacht Club

Thursday, September 5, 2024

2:30pm–6pm Drop off at SJB - Pick-up at Babylon Yacht Club

Friday, September 6, 2024

2:30pm–6pm Drop off at SJB - Pick-up at Babylon Yacht Club

**New Sailors:**

Saturday, September 7, 2024

10am–1pm Drop off and pick up at Babylon Yacht Club

- **SOCCER**

Monday, August 19, 2024 through Saturday, August 24, 2024

3pm–5:30pm

Monday, August 26, 2024 through Saturday, August 31, 2024

3pm–5:30pm

Monday, September 2, 2024 through Saturday, September 7, 2024

3pm–5:30pm

**Students trying out for any sport must attend ALL dates**